

HARFORD COUNTY SENIOR CENTERS

LUNCH MENU - DECEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch is served at 12:00 p.m. in the dining room. An 8 oz. carton of milk is served with each meal. Lunch cost: Age 60 and over: \$2.25 is the requested minimum donation. Under Age 60: There is a \$4.00 charge for lunch. Vegetarian lunch option is available; Please see the front desk for details and to sign up.				1. GRILLED CHICKEN BREAST Seasoned Red Skin Potatoes Stewed Tomatoes Cinnamon Applesauce Orange Juice
4. MEATBALL SUB w/Mozzarella Navy Bean Salad Broccoli Cuts Club Roll Mandarin Oranges	5. (SL) Sign up by 11/28 ASSORTED TURKEY COMBO Potato Salad Cole Slaw Fruit Cocktail	6. BEEF STROGANOFF Buttered Noodles Mixed Vegetables Tropical Fruit Apple Juice	7. TUNA SANDWICH Multi Bean Soup Dilled Baby Carrots Peach Crisp Cinnamon Apples	8. MEATLOAF w/Gravy Mashed Potatoes Peas & Pearl Onions Mandarin Oranges Fruit Punch
11. PULLED PORK BBQ Midwest Baked Beans Fresh Cole Slaw Pineapple Tidbits	12. CHICKEN CACCIATORE Brown Rice Pilaf Romano Blend Vegetables Diced Peaches Cranberry Juice	13. HAMBURGER Midwest Baked Beans Sauerkraut Apple Crisp Orange Juice	14. ALL SENIOR CENTERS CLOSED FOR STAFF MEETING	15. ALL SENIOR CENTERS CLOSED FOR STAFF MEETING
18. HEARTY BEEF STEW w/Mixed Vegetables & Potatoes Chilled Peaches Pineapple Juice	19. BAKED PORK CHOP w/Soubise (Onion Cream Sauce) Braised Cabbage Glazed Carrots Fruit Cocktail	20. BOURBON BBQ CHICKEN QUARTER Yellow Rice Pilaf Green Beans Diced Pears Orange Juice	21. (SL) Sign up by 11/13 HOLIDAY MEAL ROAST BEEF w/Gravy Green Beans Almandine Mashed Potatoes Fruit Ambrosia Cherry Pie	22. GRILLED CHICKEN PASTA SALAD Fresh Baby Spinach Corn Muffin Tomato Soup Fresh Whole Orange
25. ALL SENIOR CENTERS CLOSED FOR HOLIDAY	26. POT ROAST OF BEEF w/Stew Cut Vegetables Seasoned Red Skin Potatoes Mandarin Oranges Apple Juice	27.. CHICKEN BREAST PARMESAN CASSEROLE Caesar Salad w/Cheese Sliced Apple Pack Broccoli Cuts	28. (SL) Sign up by 11/21 NEW YEARS' ROAST PORTK LOIN w/Gravy Sauerkraut Mashed Potatoes Green Beans Diced Fruit	29. GRILLED HAMBURGER w/Cheddar Cheese Fresh Cole Slaw Cherry Crisp Orange Juice

MEAL RESERVATION PROCESS

To order a meal for a particular day, add your name to the Lunch Sign-Up Sheet no later than 10:00 a.m. **TWO (2)** working days in advance.

To order a meal designated as a "Special Lunch" (SL) (December 5th, 21st & 28th), add your name to the Lunch Sign-up Sheet no later than 10:00 a.m. **FIVE (5)** working days in advance.

If you missed the sign-up deadline, your name can be added to the lunch list as a "Standby" on the day of the lunch. Please see the front desk.

Vegetarian lunch option is available; Please see the front desk for details and to sign up.

All meals are catered by Business Food Solutions, Inc.

Barry Glassman
Harford County Executive

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